

Pathways Beyond Grief

A Support Group
for Parents of Children with
Developmental Disabilities



A Six (6) Session Support Group
Facilitated By:

Marney E. Stofflet, LCSW

For More Information Call:
(323) 662-9797

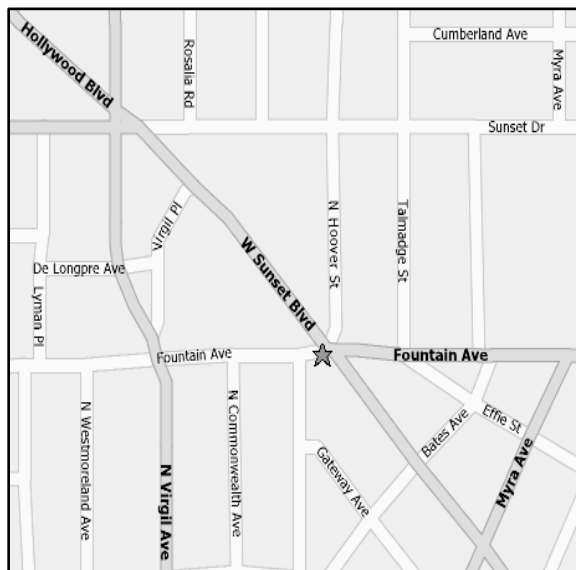
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Los Angeles, CA 90029

About the Facilitator: (Regional Center Vendor No. PD1829)

*Marney E. Stofflet, LCSW
is a Clinical Social Worker
with over 25 years of experience
working with children and
families. She has a private
practice specializing in
work with grief and loss
and is a certified
Bereavement Facilitator.*

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WHY THESE GROUPS?

Grief experienced by the family of a child with a disability is ongoing, cyclical, and frequently ignored by both the family and those around them. The *Pathways Beyond Grief* groups offer parents a comfortable and supportive environment where they can explore and acknowledge feelings such as sadness, anger, guilt or other feelings that can accompany the day-to-day stress they encounter. The various age-specific groups are designed to assist the parent in developing emotional resiliency to address feelings through specific parenting stages. Each group is made up of a maximum of 10 parents.

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WHAT GROUPS ARE AVAILABLE?

New Paths:

For parents of children birth (0) to five (5) years of age.

Journeys:

For parents of children six (6) through eleven (11) years of age.

Bridges:

For parents of children twelve (12) through twenty-two (22) years of age.



WHAT WILL BE DISCUSSED?

Week 1: Introductions

- Your Family, Your Story

Week 2: The Role of Grief in Your Life

- Positive and Negative
- How to Talk About It

Week 3: Missed Milestones

- Cultural Differences
- Impact on Family Rituals
- Redefining Perfection

Week 4: Relationships

- You, Your Partner, and Your Other Children
- Old Friends
- New Friends with Special Children

Week 5: Milestones

- Social Milestones Missed as a Family System
- Adaptations to Missed Social Milestones

Week 6: Reframing

- Reframing Life As You Know It Now

(Refreshments will be provided)